

RUGBY

You must be able to complete all of the points in the box to complete that specific level

LEVEL	A	B	C
3	<ul style="list-style-type: none"> I can often pass from over a short distance using my strong side 20-50% accuracy I can receive a ball, keeping it close when standing most (over 50%) of the time I know how the game is restarted after a tackle I know how to score a try 	<ul style="list-style-type: none"> I can sometimes pass from a standing position over a short distance using my strong side I know 2 things that helps me to tackle as an individual I can move to receive a pass on the move I know 4 basic rules of the game 	<ul style="list-style-type: none"> I can take part in a warm up. I can pass from a standing position over a short distance I can play as part of a team I can play and communicate effectively as part of a team
4	<ul style="list-style-type: none"> I can perform a trick/side step/dodge to create space for myself I can pass using 3 different ways I understand the offside rule I can remind my teammates of a teaching point of a skill I can successfully complete a tackle in a game situation I can pass over a long distance with strong side 	<ul style="list-style-type: none"> I can often pass over a short distance using both sides I know the correct way to play the ball I know 2 things that helps when attacking as a team I know why it is important to hold my position in a defensive line I know 2 reasons why passing accurately is important I can keep hold of the ball when being tackled 	<ul style="list-style-type: none"> I can pass over a long distance using my strong side most of the time I can receive a ball, when moving most (over 60%) of the time I know 2 teaching points of taking up a defensive body position ready to make a tackle I know the importance of running straight when I have the ball I know 2 different types of kicks in a game
5	<ul style="list-style-type: none"> I can comment on another pupils technique in a game situation I know 3 ways to outwit an opponent when with the ball I can use disguise when passing the ball to a teammate I know when and where to use a grubber and up and under kick I know the importance of quick ball I can set up an attack from the play the ball 	<ul style="list-style-type: none"> I can fake/fait/dodge when marked to create space for myself I can show an understanding and know 3 teaching points of defending as a team I can pass using 4 different ways in a game situation I can receive a ball and drive forward when under pressure from tacklers I can help others perform in a cool down I know 2 differences between forwards and backs 	<ul style="list-style-type: none"> I can participate effectively in a warm-up and lead some stretching exercises I can evaluate my performance and outline a strength and area to improve I can help my team by playing and knowing 3 different positions I can change direction quickly/side step/shoulder drop when with the ball when under pressure I know the correct way to stand over the play the ball
6	<ul style="list-style-type: none"> I can lead part of a warm up using more than 4 different stretches of the body I know how to cool down correctly I can change direction quickly when running with the ball on my weak side under pressure from opponent I can use disguise/deception to score a try I can receive the ball with one hand when under pressure 	<ul style="list-style-type: none"> I can set up and support an attack with intelligent passing I can read the play to intercept a pass in a game situation I know the strengths of 2 different formations/tactics Can officiate a game with teacher support I can pass/kick over a long distance using both sides 	<ul style="list-style-type: none"> I can observe a pupil playing and give 2 strengths and a area to improve I can move effectively to create space for a teammate when under pressure I can make decisions to benefit my team before receiving the ball I know 3 attacking movements when passing the ball to outwit opponents
7	<ul style="list-style-type: none"> I can lead the whole group in a warm-up and cool down I can captain a team and organise other pupils according to their strengths in positions in a game 	<ul style="list-style-type: none"> I can exert a big positive influence over a game and be involved in most of the play I can officiate a game with total control without teacher support 	<ul style="list-style-type: none"> I can set targets and devise a training drill to improve my areas of weakness I know how to change a formation to improve my teams performance I can organise a team to take advantage of their strengths

PLT'S

self managers
(perform at max levels)

creative thinkers
(Outwit opponents)

Independent enquires
(accurate replication)

reflective learners
(identify/solve problems)

effective participants
(exercise safely and
Effectively)

team workers
(communicating and
exploring ideas)